



## South African Schools Cycling

Doc No. SASC/DIS/MTB/0003

### DOCUMENTATION

#### Team Managers Briefing

Rev No. 00

<b>Compiled by</b> 20/03/2014 Rev Date	<b>Approved by</b>	<b>Date</b>	Deon Steyn	Joanita van Staden
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#### 1. Introduction

1.1. Organiser: \_\_\_\_\_

1.2. Commissaire team: \_\_\_\_\_

#### 2. Regulations for the event: South African Schools Cycling

#### 3. Safety

3.1. Emergency number: \_\_\_\_\_

3.2. No camera on chest or helmet

3.3. No speakers in ears

3.4. Filled water bottle on bike

3.5. No back tracking on course

#### 4. Feed/ Technical Zone



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4.1. At: \_\_\_\_\_

4.2. No stepping over line

4.3. Can turn back within feed zone

4.4. Hand bottles to riders

4.5. Riders must roll empty bottles

5. Number boards

5.1. Tied underneath brake cables and readable

5.2. Ensure correct color and number range

5.3. Correct number boards

6. Categories laps

6.1. Sub Junior Boys: \_\_\_\_\_ Girls \_\_\_\_\_

6.2. Youth-15 Boys: \_\_\_\_\_ Girls \_\_\_\_\_



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6.3. Youth-16 Boys: \_\_\_\_\_ Girls \_\_\_\_\_

6.4. Junior Boys: \_\_\_\_\_ Girls \_\_\_\_\_

#### 7. General:

7.1. Manners: Slower riders - let faster riders pass

7.2. DNF's please inform Commissaire

7.3. Outside assistance, only from fellow riders

#### 8. Questions?